

# Multi-Disciplinary Team (MDT) Meetings

**All Together  
Better**

Better Health and Care  
for Sunderland

**Uniting the teams who deliver care to provide a high quality and coordinated response to people with complex needs, keeping them out of hospital**

## Refreshing MDT meetings:

Your dedication to this model has seen a reduction in hospital referrals for those patients that have been part of the MDT process, however hospital admissions are on the increase overall. We need to refocus MDT meetings along with other areas of the model to tackle this growing issue. **Below are some suggested actions:**

### MDT Compact

All members of MDT meetings will be asked to sign up to the new MDT Compact. This will promote team effectiveness for the benefit of the patient, ensuring effectiveness for the time and effort given by all parties, and supporting the system aims of improving the quality of care, improving patient experience and reducing avoidable non-elective admissions to hospital.

### Patient Population

The focus of MDT meetings is on 2% of the patient population plus all care home patients. This is not the 'top' 2% from a list but those patients that would benefit from an MDT discussion.

### Methods of Risk Stratification

**Any patient that a member feels would benefit from an MDT discussion to aid the pro-active care planning of their needs can be put forward for discussion. This includes professionals from both the core membership and the extended membership.** Those identified might include:

- Frequent Flyers – *Those patients that frequently present at CHS or R@H services*
- E-Frailty tools
- EMIS QAdmissions
- High cost patients
- Professional judgement

### Continuous Improvement

Quarterly audits of each MDT are to take place. This is to be a reflective opportunity by all MDT members' to determine recommendations for improvements for both the process and patient journey.

### Guidance Available

There are guidance documents available (which have been updated) to support teams in the delivery of MDT meetings. Both MDT Guidance and Risk Stratification Guidance documents provide further details.

Ideas and suggestions for refreshing the MDT process are always welcome so please use locality network meetings, the Design and Planning Group (DPG) and the Implementation and Assurance Group (IAG) to share your views on best practice / new ways of working.

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